

## Most Children Experience Significant Improvement

*“Ever since I started wearing my new glasses, I don’t get headaches anymore.”*

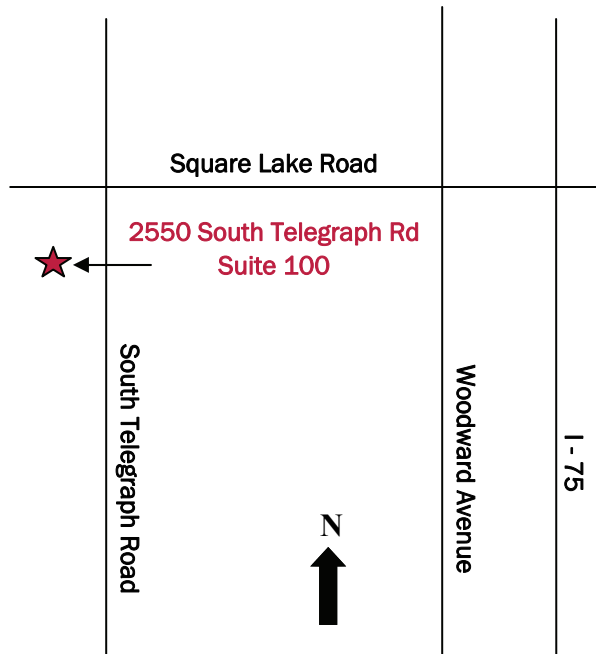
*“Reading is lots of fun now.”*

*“My new glasses allow me to concentrate much better—I don’t have problems doing my homework or concentrating on my work in the classroom anymore.”*

*“Now I don’t get tired at the end of the school day.”*

*“My car sickness is gone.”*

*“It still amazes me that all this improvement that my child is experiencing could come from just wearing these new glasses!”*



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*Specializing in the Diagnosis and Treatment of Vertical Heterophoria and Other Childhood Visual Conditions*

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**Vision Specialists  
Of Michigan**

*Could Your  
Child’s  
Headaches  
and  
Reading  
Difficulties  
be caused by  
their  
Eyes?*

## Common Symptoms

*“I’ve been getting more and more headaches, especially at the end of the of the school day.”*

*“I’ve never liked reading. Ever since 2nd grade, it’s been my least favorite subject.”*

*“I get very frustrated when it takes me so long to do my homework.”*

*“I get car-sick often.”*

*“I have trouble understanding what I’m reading.”*

*“My teachers tell my parents that I’m having trouble focusing and staying on task.”*

*“Reading makes me feel tired and sleepy.”*

*“My eyes hurt and I get headaches when I’ve been on the computer or reading for a long time.”*

Children who describe some or all of these symptoms often have an undiagnosed visual condition. Farsightedness, astigmatism and vertical heterophoria are common causes of these symptoms, yet they are frequently not diagnosed during a standard optometric exam. ***Doctors who specialize in the diagnosis of vertical heterophoria and the other childhood conditions will be able to diagnose and treat them.***

**Farsightedness** is a condition where the eyes see far-away objects clearly but causes an uncomfortable strain on the eye muscles as they try to see clearly up close.

**Astigmatism** is a condition where the front surface of the eye is not perfectly round, creating distortion of the image such that parts of the image are out of focus.

**Vertical Heterophoria** is a condition where one eye sees the image higher than the other eye.

In all of these conditions, the brain attempts to bring the visual objects into clear focus by straining the muscles in and around the eyes. This can cause a number of symptoms

including headaches, eye strain, lightheadness, dizziness and a feeling of being disoriented or off balance.

## Other symptoms may include:

- Words running together while reading.
- Skipping lines or losing your place while reading.
- Closing or covering one eye while reading.
- Double or overlapping vision.
- Clumsiness
- Difficulties being fit with previous pairs of glasses.

## About the doctors at Vision Specialists of Michigan.....

Your doctor has referred you to the doctors at Vision Specialists of Michigan. Their thorough exam and attention to detail allow them to detect vertical heterophoria and the other childhood visual conditions which your doctor believes may be causing some, if not all of your child’s symptoms. During this complete eye examination, it will be determined if a special vision correction will provide your child with relief from their symptoms.